

## ADDRESSES AND CONTACTS REFUGIO MÜNCHEN

### Multilingual parental training

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## MULTILINGUAL PARENTAL TRAINING

Individual and in groups  
for refugees or migrants

No matter in which country the parents live, they educate and love their children. They do everything to ensure the well-being of their children.

## **DUE TO MIGRATION PARENTS AND CHILDREN UNDERGO MANY CHANGES.**

### **Goals**

#### **of the multilingual parental training:**

- > Reflecting on the effects of migration on the family
- > Support for migrant and refugee parents in their specific needs:
  - fostering a good relationship with their children
  - overcoming difficulties in their daily educational routines
  - resolving existing conflicts with their children

### **Further aims of the training**

#### **as in the home country, children should**

- > respect their parents and listen to them
- > be successful at school and in their professional life

- > grow up healthy and in a protected environment in Germany.

### **Who can participate in the training?**

#### **Parents:**

- > with migration background
- > with residence in Munich
- > with at least one child between 0 and 13 years of age

#### **Duration**

- > one two-hour session per week
- > for a total of 12 sessions

#### **Costs**

- > free of charge for parents

#### **We inform parents in their mother tongue about different issues, such as:**

- > kindergarten, schools and healthcare system in Germany
- > other social offers in Germany
- > parental rights and responsibilities in Germany
- > appropriate use of TV, telephone, smartphone, Facebook, Internet, computer games, as well as their effect on the child's development.